



Community-Driven Learning: Contributions of Multigenerational Approaches for the Prevention of Domestic Violence

Breaking the Cycle Two-Generation Practice and Evaluation Pilots Evaluation Summary

April 2023

By  **STRATEGIC**
PREVENTION SOLUTIONS

For

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foundation

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- Black Emotional and Mental Health Collective
- Children's Institute
- East Los Angeles Women's Center
- LIFT
- Mujeres Unidas y Activas
- Planned Parenthood Mar Monte
- Safe & Sound
- South Bay Community Services
- Time for Change Foundation
- Vision y Compromiso
- WEAVE, Inc.
- Young Women's Freedom Center

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Summary of Cohort Findings

Violence and/or exposure to violence is a major issue that undermines the health and wellbeing of families across our communities. Findings from the Breaking the Cycle initiative support the growing base of evidence, grounded in community practice, that shows violence is preventable and helping families heal and recover from exposure to violence is possible.

This report provides a summary of key findings from a three-year statewide initiative to build evidence for multigenerational, culturally responsive and trauma-informed practices that effectively support families in breaking the cycle of domestic violence. Among the 12 sites whose work is represented here, multigenerational programming strategies focused on improving parenting practices, building resilience and coping skills, as well as improving relationships and building support systems through structured activities. The findings summarized below were culled from the mixed-method results of pilot sites' Interim and Final evaluation reports in addition to the qualitative data collected by the cross-site evaluation team during semi-structured conversations with pilot sites over the three project years. All findings are further elaborated in the full report that follows.

What is the value of multigenerational programming?



Multigenerational programming interrupts cultural and familial norms that lead to domestic violence.

- ▶ Pilot sites acknowledged cultural and family norms and were able to identify, intervene, and change norms in ways that modeled healthy relationships within families who were or had experienced domestic violence (DV).
- ▶ Furthermore, sites engaged participants by naming harmful norms, improving communication, and creating a safe space for discussing DV, which helped families take action, solve problems, and ultimately adopt positive norms that allowed members to feel more connected and supported.
- ▶ Programs that engaged multiple generations, directly and indirectly, promoted positive social development and norms, as well as DV protective factors, by increasing empathetic understanding and reducing exposure to harmful norms that perpetrated violence.
- ▶ Sites also noted that multigenerational programming improved engagement among adult participants, who were initially motivated to participate for their children and encouraged to continue participating, as they saw their children's growth.



Community empowerment and engaging in policy advocacy supports healing from and preventing DV in families.

- ▶ Community empowerment activities were a key part of policy change work for some sites, as participants' were able to use their lived experience to advocate for what is best for them and were able to be agents of change for their communities.
- ▶ Sites highlighted that when their families and communities felt connected, they were able to support each other in healing and gained a sense of shared power and influence in improving the safety and wellbeing of their families and communities.



Individual healing supports DV prevention for families.

- ▶ To break the intergenerational cycle of trauma, participants learned healthy coping skills to avoid causing indirect trauma cycling and prevent the passage of unhealthy patterns on to children who often learn how to cope with situations based on what they observe from the adults in their lives.
- ▶ Comprehensive programming that concurrently coupled healing from trauma and/or causing harm with prevention benefited participants, as well as their families.

What is the value of trauma-informed and culturally specific programming for DV prevention?



Culturally responsive DV prevention programming improves engagement and program impact.

- ▶ Staff with lived experience allowed for a deeper connection with participants, which often resulted in deeper and more consistent engagement from participants.
- ▶ Understanding and acknowledging societal and community determinants of DV was critical to designing effective intervention, prevention, and response efforts. It also fostered participant buy-in and supported collective understanding and shared decision-making.
- ▶ In adjusting their support, programming, and training to meet the situational needs of communities - such as modifying service hours and providing virtual programming, sites were better able to meet cultural and practical needs of participants.



Trauma-informed approaches deliver effective services.

- ▶ Trauma-informed approaches, rooted in empathy and understanding promoted survivor empowerment, which was critical in their ability to make informed choices and guide their own healing and recovery.
- ▶ Acknowledging the cumulative impact of stressful experiences, exposure to violence, and multiple risk factors increased and deepened engagement as community and family members felt understood and supported.

What promising multigenerational strategies should be built into funding, policy or other systems to support healthy families?



Strategies or practices that provide holistic support should be built into funding, policy, or other systems to support healthy families.

- ▶ Pilot sites worked collaboratively across sectors to provide basic needs like stable housing, transportation, childcare, access to mental health services and financial services. Still, sites noted that family-level funding for programs and the de-siloing of services and resources to coordinate support for families is still needed for multigenerational programming to be as effective as possible.
- ▶ Policies and funding to shift unhealthy community conditions is also needed to support families of color. Areas of focus include building community capacity and skills, particularly in neighborhoods highly impacted by violence, and supporting infrastructure development for addressing enduring health inequities.
- ▶ Funders can promote change by supporting the leadership and civic engagement of women of color as this will lead to healing for families and communities, the interruption of the cycle of DV, and systems changes that align with community needs.

What are the lessons learned from pilot sites conducting evaluations?



Evaluation and use of findings helped support program improvements and improve the sustainability of pilot sites.

- ▶ Programming delivery greatly improved as a result of implementing an evaluation and working with evaluation partners.
- ▶ Due to the positive feedback from staff and participants, pilot sites endorsed intentions to sustain evaluation practices including collecting information related to DV prevention as part of their data monitoring.
- ▶ Evaluation findings routinely informed and improved pilot sites' internal decision-making processes and how they delivered programming.
- ▶ Evaluation activities also contributed to improvements associated with compliance, program fidelity, and internal accountability, with sites noting benefits related to capacity building, staffing supports, progress monitoring, and enhanced cohesiveness between implementation and evaluation staff.
- ▶ Pilot sites gained an appreciation for the effectiveness and impact on clients of having a multigenerational approach.
- ▶ Evaluation findings provided pilot sites with validation their program was contributing to the prevention of DV. They have plans for expansion now that they have the evidence.
- ▶ Overall, the evaluations afforded pilot sites the ability to be more data-informed, and responsive to the needs of their staff and the communities they serve.

Site Summary Findings



www.beam.community



MULTI-GENERATION APPROACH

WORKSHOPS AND LEADERSHIP TRAINING

Black Masculinity (Re)Imagined is a multi-generational learning program as participants share knowledge and tools that they have gained from participating in the Leadership Training Program with their children and families, as well as the youth they serve in professional capacities.

Black Emotional and Mental Health Collective

The BEAM Collective’s Black Masculinity (Re)Imagined (BMR) is a community-building initiative that addresses the intersection of male socialization, mental health, and community violence. In 2021 BMR created a 5-week Leadership Training Program to work with Black men, boys and masculine individuals to “build accountable communities and networks with men and masculine identified individuals that reinforce anti-sexist, anti-transphobic and anti-patriarchal beliefs and behaviors.”

PARTICIPANT DEMOGRAPHICS

Black Masculinity (Re)Imagined workshop participants were primarily Black men and masculine individuals aged 18 years and older. The program also supports non-Black individuals who seek to learn and develop skills to understand better and support the needs of Black men and masculine folks.

The program occurred in 3 phases. In Phase 1, 350 participants attended the 2020-21 BMR Workshops. From these workshops, there were 21 participants in the 2021 Leadership Training Program Cohort 1 and 12 participants in Cohort 2. For Phase 3, there were 50 participants for the BMR Wrap-up workshops and alumni gatherings.

“Using, or understanding that mental health is such a key feature of colonial masculinity and not allowing to tap into their mental health and really have an emotional experience.”

–PARTICIPANT

“I see a significant need for tools to help Black men deal with our inner world (mind, thoughts, emotions, feelings, critical thinking, discernment....) I am now better equipped at helping Black men and equipping Black men with tools to help them navigate their inner world.”

–PARTICIPANT

“The techniques like LAPIS and PAUSE provide great practices/tools for me that I continue to use throughout my day-to-day life.”

–PARTICIPANT

“Even as a black man, there are my own personal blind spots and biases that I hold that affect the way I feel I can interact and help treat other black men. I now partake in the process of understanding where these things come from which has helped me unlearn and better serve the black masculine individuals in my community.”

—PARTICIPANT

“The training helped me acquire communication, de-escalation and interactive skills which I continue to utilize to help the young men I work with.”

—PARTICIPANT

DOMESTIC VIOLENCE PREVENTION OUTCOMES



Increased Domestic Violence Awareness

Increased their knowledge and efficacy to support people in distress



Improved Social Norms

- Decreased stigmatized attitudes towards mental health conditions
- Lowered misogynistic attitudes towards women, trans, and queer folks



Developed Skill Integration into Lifestyles

Participants reported using these practical tools with colleagues, family members and those they serve in work related capacities



Increased Mental Health Knowledge

Participants felt empowered to tap into their mental health

CLIENT IMPACT STORY

“I feel as though this training helped me feel affirmed in a way that I have not been...and I can see this training encouraging me to lead a more embodied life, for my masculine center self to be a part of the equation. The way I was healed just in hearing from other people-also treated as though we don't have an inner word -was surprisingly and gratefully healing for me. This training transformed me in ways that I never imagined were possible. I am working in collaboration with other black trans people to build healing justice (including transformative justice) infrastructure within social justice movements in NC. This workshop will allow me to move responsibly in this work, as well as my work as a mental health therapist in private practice. Moreover, I am uncle to many babies assigned male at birth and I want to be the kind of masculine elder they deserve.”

Mark* is an example of what BMR has achieved with its participants in a relatively short period of time. Cohort participants like Mark will continue to build the capacity of BMR's mental health and violence reduction work by teaching others who they work with and serve. Mark's impact story also aligns with some of BMR's long-term outcomes, including evidence of knowledge on how to support others, increased knowledge of mental health conditions, decreased misogynistic attitudes towards women, trans and queer folks and skill integration into his lifestyle.

Name changed to protect the anonymity of the individual.

CONCLUSION

BMR has achieved the outcomes set for the program. Many participants:

- have a greater command of their mental wellness,
- utilize BMR tools in their daily practice and support others, and
- have expanded their ideas on masculinity and reduced misogyny towards LGBTQ communities.



www.childrensinstitute.org

Children's Institute: 2RAISE

Children's Institute's 2-RAISE program uses a two-generation approach to strengthen individual, family, and community capacity for healing, wellness, and success. The program offers high-quality early education and youth programs, counseling services, parenting supports, workforce and community leadership development, and advocacy for community investment where it is needed most to support families.



MULTI-GENERATION APPROACH

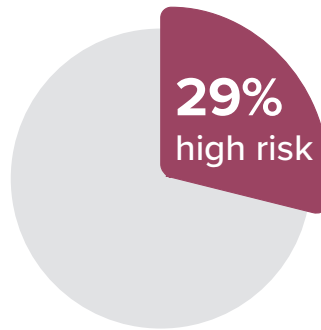
LINKING TO SERVICES

Children's Institute's 2-RAISE program uses a two-generation service model to provide families with young children enrolled in the Headstart Programs with enhanced services designed to increase protective factors of the whole family, prevent intergenerational trauma and protect against domestic violence.

PARTICIPANT DEMOGRAPHICS

During the three-year funding period, CII enrolled a total of 108 caregivers in the 2-RAISE study, including 38 caregivers who received regular services from the control site and 70 caregivers that received enhanced services from the experimental site.

There were 32 students from Early Head Start and 76 from Head Start. The families that attend these centers are from the South Los Angeles community surrounding the centers and are representative of those communities. The average age of children in families was 3 years, 5 months. The average household size was 4, with an average of 3 kids per house. Among 2RAISE participants, the average income was higher in two-caregiver households.



Note:
This is higher than the average 12.5% for the general population

Ethnicity for Caregivers



Primary Language for Caregivers



“ I feel like if I have peace of mind that my kids are well taken care of, that they're being nurtured and cared for. I feel like I can move up in my career because I can utilize the time while he is learning so I can learn and grow in my career. That peace of mind that there is an institution there to help us care for our children because it does take a village.”

—PARTICIPANT

“ All their references and everything they have done for my child is actually working. I can see progress in him and even when they referred him to another center, I see a lot of things that he now does that I hadn't seen him do.”

—PARTICIPANT

DOMESTIC VIOLENCE PREVENTION OUTCOMES



Increased Social Support for Families

Families saw a moderate increase in social support during their participation in the program

Improved Children's General Well-Being

Caregivers reported a consistent reduction in negative child behaviors over time

Increased Household Support and Resources

- 69% of participating families made a request to receive information on services
- For the enhanced services group, 66% of requests turned into resources or referrals provided, compared to 39% at the regular service group

Increased Parent/Caregiver Support

Maintained knowledge of child development and parenting competencies

Increased Child's School Readiness

- Developmental performance of children improved in the following areas: Fine Motor, Problem Solving, and Personal Social skills
- Children in the enhanced service group showed improvement in Problem Solving and Personal Social Skills, where those in the regular service group showed a decrease in these areas

Reduced Exposure to Violence

Caregivers indicated low amounts of domestic violence (note that given other risk and community factors, this data may indicate an unwillingness to report Intimate Partner Violence)

CLIENT IMPACT STUDY

This parent is part of a single-parent household and has two children living with her. Only one of her children enrolled in our ECE services. The household language is Spanish. The parent had recently regained custody of her daughter when she enrolled into the study. The child had been enrolled in our ECE services by her foster parent and the parent chose to keep the child enrolled in our ECE Services through the end of the academic year. The parent and child ended ECE services at F2 and all the other data was collected after she had transitioned out of our programs. The results exemplify the benefits the parent derived from her participation carried on after her child transitioned to kindergarten. The results highlighted below are from the ECBI (child mental health), MOS (perceived support), and WHO (general well-being). The parent also participated in our enhanced employment services in addition to receiving Adult Education and Positive Parent/Child Relationship services. Parent was also in High-Risk category on the ACEs.

LESSONS LEARNED

- When families get to choose the services, they receive positive changes in their lives and show increases in important protective factors
- Increasing capacity for remote and electronic data collection were highly successful and minimized traditional barriers to data
- Enhancing accountability and monitoring of referrals to better support linkages to services is needed
- Opportunity to strengthen two-generation approach agency wide and expand services for adults



www.elawc.org

East LA Women's Center

East LA Women's Center (ELAWC) delivers culturally responsive services, in English and Spanish, relating to sexual assault, trauma, and domestic violence for Latinxs and their families. Using a culturally responsive and trauma informed adaptation of the Nurturing Parenting Program (NPP), an evidenced based curriculum that has proved effective for improving parenting skills and reducing child abuse risks, as a practice model, the program expanded the curriculum to address intergenerational domestic violence using a cultural lens relevant to Latinx families. The family centered group-based program applied a two-generational approach designed to prevent and/or interrupt the cycle of violence for parents and their children, ages 5 years to 17 years old.



MULTI-GENERATION APPROACH

WORKSHOP

East Los Angeles Women's Center has adapted the curriculum of the Nurturing Program to address family and domestic violence at a multi-generational level. The program invites up to 8-10 families and breaks down the class into different age groups to support family members through a common curriculum.

PARTICIPANT DEMOGRAPHICS

During the three-year funding period, the ELAWC program served 49 Latinx families who were primarily mono-lingual Spanish-speaking immigrant families at risk and/or impacted by domestic violence residing in East and Southeast Los Angeles and surrounding communities.

The program's families consisted of 48 mothers and 8 fathers that included one single father, and 84 children, ages 5 years-17 years old. The total number of participants was 140. The program's retention rate was 91%.

Families comprised 5 Cohorts with an average of 10 families per Cohort. Cohort 1 was conducted in English and Cohorts 2-5 were conducted in Spanish.



84%

parents whose primary language was Spanish

63%

single parent homes, separated or divorced

30%

no high school diploma

DOMESTIC VIOLENCE PREVENTION OUTCOMES



Increased Domestic Violence Awareness

- 100% of parents stated that they learned how to talk about domestic violence with their children
- 94% of parents provided a safe home environment for themselves and their children
- 89% increased their knowledge of the cycle of domestic violence
- 85% learned how to prevent domestic violence



Increased Social Connectiveness

- 98% of families believed that it was beneficial to have other families participate in the program
- 94% felt that families were supportive (to each other)
- 75% of families indicated that it would be helpful to continue to interact with families (in the community)
- 65% stated that they considered the other families as a form of support



Reduced Exposure to Violence

- Decrease in DV incidents with 6% of mothers reported DV incidents and child exposure at program completion
- Risk for abuse for child participants was significantly reduced after the program intervention
- **No reported incidents of violence 3 months post program**



Increased Parent Competencies

- Age-appropriate child expectations, empathy and alternative discipline practices
- Significant increase in child resiliency post program

“As I started to change and listen to my teens without judgment, they began to trust me and share their feelings.”

—MOTHER/
PARTICIPANT

“I used to scream and express anger to discipline my children. As I learned to understand the developmental capabilities of my children, I became more effective.”

—MOTHER/
PARTICIPANT

CLIENT IMPACT STORY

Ana, a 38-year-old mom from Central America, participated in the program with her 15-year-old twin sons, Eric and John. As a child, Ana was exposed to domestic violence and child abuse. For the past year, Ana has been raising her sons on her own after leaving a twenty year physically and emotionally abusive marriage. Ana observed that her sons were angry, aggressive, and disrespectful towards her. She enrolled in the program because she was fearful that her sons were repeating the cycle of family violence.

Through her participation, Ana found her voice and was empowered to parent her sons without fear. She recognized that the submissive behaviors she learned from her mother and repeated in her marriage negatively affected her parenting style. While participating in the program, she became confident, assertive, and developed a positive self-concept. She acquired parenting techniques and behaviors that helped establish healthy and trusting relationships with her sons, who observed the positive changes. In their peer group, her sons shared that they learned to be aggressive, disrespectful, and not value women from their father. The program's sessions, family discussions, and connections with other youth, helped Eric and John to manage their aggression and talk about domestic violence. At the end of the program, Ana believed that her family began to heal from the violence they experienced.

LESSONS LEARNED

- Virtual program limited the benefits of the program
- Culturally responsive instruments are essential for conducting evaluations with Latinx families
- 3 months follow up data was challenging to collect
- The inclusion of child focused measures is needed



www.whywelift.org



MULTI-GENERATION APPROACH

COACHING, WORKSHOPS, SUPPORT AND CASH

LIFT’s two generation strategy aims to alleviate “toxic stress” and supports members’ well-being, social connection, and economic stability by improving financial, physical, and mental health for parents. By doing so, parents can develop the bandwidth to develop stronger bonds with their children and to engage in activities that contribute to a child’s healthy development. Peer-reviewed literature has found these program practices significantly impact risk factors for intimate partner violence, both for parents and for their children.

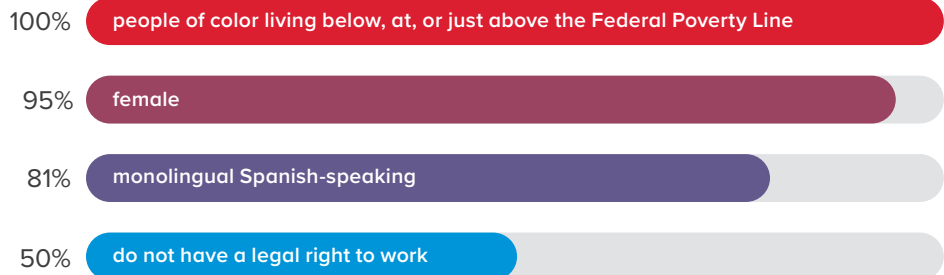
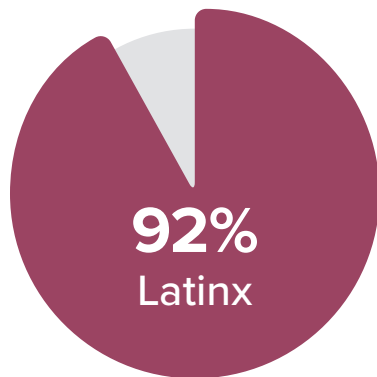
LIFT Los Angeles

Using a racial-equity lens, LIFT LA empowers families to break the intergenerational cycle of poverty by building programs that improve economic stability and mobility, decrease risk factors related to domestic violence and support the health and well-being of members and their families. Over the course of two years, LIFT LA partners with low-income parents to strengthen their financial, social, and personal foundations through holistic, one-on-one financial, education and career coaching, wraparound supports, workshops and cash infusions.

PARTICIPANT DEMOGRAPHICS

During the three-year funding period, LIFT LA reached 506 participants. Nearly half of the participants were in the age group of 35 – 44 years. The analyses drew on data from 413 LIFT LA members.

All LIFT participants are parents. Engagement with LIFT is on a rolling basis. Women participated in 15 coaching meetings in their time with LIFT. Men, though only a small percentage of LIFT members, averaged 16 meetings in their time with LIFT.



DOMESTIC VIOLENCE PREVENTION OUTCOMES

LESSONS LEARNED

- Improve training for LIFT coaches and provide list of available resource for therapeutic interventions and other community resources to better serve members who are survivors of Intimate Partner Violence (IPV)
- Build capacity for LIFT's model as IPV prevention across field by increasing training and technical assistance that highlight the importance of financial strength and why it matters for IPV
- Adopt key standard operating procedures to enhance LIFT's effects on IPV prevention by enhancing intake and screening procedures to include asking questions (not in presence of partner) about IPV, and keeping documentation pertaining to IPV simple and separate from other documentation
- Expand evaluation of LIFT's programming with a focus on two-generation prevention (to include kids)



Increased Education Enrollment and Attainment

- Significant increase in educational enrollment and attainment among participants
- More than 80% of participants were making progress in income or education goals in 2022



Increased Social Support

9% of participants reported an increase in social support



Increased Financial Strength and Well Being

- Significant increase in employment among participants
- 34% of participants had an increase in individual income
- 27% of participants had an increase in household income; the average annual increase was \$15,156 in household income
- 11% of participants had an increase in financial well-being

CLIENT IMPACT STORY

LIFT provided Ramona the financial resources she needed while she left a financially abusive relationship. Ramona first heard about LIFT through a friend who shared that she could get free diapers and additional resources for her baby. In the beginning, she did not have a specific goal in mind but while working at LIFT, she realized she wanted to improve her financial situation. Her credit score was low, around the 300s-400s, and without a job, she did not have a lot of direction. However, while working with LIFT, she was able to learn how to manage her budget, improve her credit, and find more resources and opportunities for her children. Accomplishing these goals allowed her family to find more security overall. The economic support and guidance came in at a time when her husband began abusing her financially and emotionally. Her partner would withhold money for the household and would threaten her. The physical violence also began as the couple began to have marital issues including infidelity. The abuse took a real toll on Ramona's mental health and well-being. During the Wellness Screener facilitated by her LIFT coach, Ramona was able to share how the marital issues and abuse were impacting her. After the screener revealed those issues, her coach helped Ramona find mental health resources.

In addition to the support from her coach, Ramona shared that the community workshops are a great place for folks to learn about services. She was also appreciative that LIFT's focus is on empowering families, particularly women, to take control of their financial situation. She felt more resources like LIFT and more coaches would be extremely beneficial. She said, "vivimos en una comunidad que necesita recursos," ("we live in a community that needs a lot of resources") and getting access to LIFT's services can sometimes feel like a lottery system since the need exceeds the services.

Mujeres Unidas y Activas



www.mujeresunidas.net

Mujeres Unidas y Activas is a grassroots organization founded and led by Latina immigrants that uses a peer-led leadership development model to address barriers, such as domestic violence, low self-esteem and economic hardship, that prevent both personal and structural change. By attending peer counseling sessions, support groups, political education workshops and training programs, the women find a sense of community and opportunities that support their transition from victim to skilled advocate for themselves, their families and their communities.



MULTI-GENERATION APPROACH

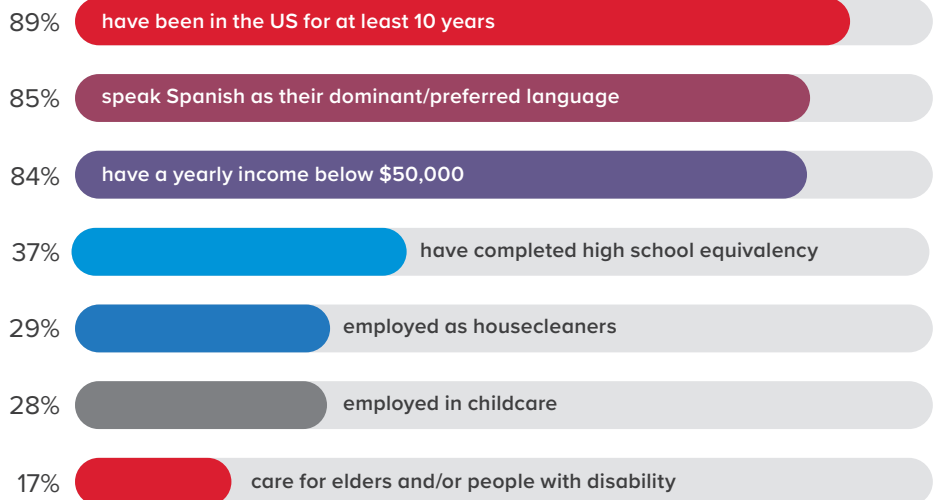
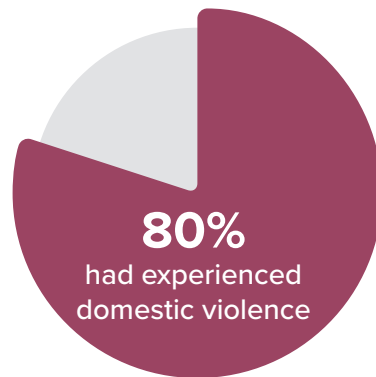
PEER SUPPORT

MUA structured their multi-layered, multi-generational program to welcome family and friends, as participants are encouraged to invite their mothers and/or young adult children to join them. MUA participants also become an important resource to teach their family members about domestic violence, healthy child rearing practices, and how to identify healthy vs abusive relationships. Through group support sessions, political education workshops and leadership training, MUA participants find their voice, make links between personal problems and broader social and economic injustices, recognize their own strength, and build community and collective power.

PARTICIPANT DEMOGRAPHICS

MUA directly engages and provides services to over 1,000 Latina immigrant women per year, with hundreds of additional people engaged indirectly via their digital programming on Facebook and Instagram. All programs are provided in Spanish, with some limited programs also provided in Maya Mam, an indigenous Guatemalan language.

Demographic information was collected for 125 members who participated in the 2022 member evaluation survey.



DOMESTIC VIOLENCE PREVENTION OUTCOMES



Increased Collective Power Through Political Empowerment and Leadership

MUA members and children had an average high score in strong social justice orientation, which reflects intentions to act in a way that promotes social justice



Reduced Exposure to Violence

- Most reported currently experiencing no tension in their relationships and being able to resolve arguments; there was very low physical abuse reported
- MUA members and children credited the program for leading to a reduction in the level of violence they were currently experiencing



Increased Domestic Violence Awareness

- Adult children of MUA members increased their knowledge of DV and healthy relationships through their mother's participation
- MUA abuelas chose to support and listen to their grandchildren rather than repeating their parenting mistakes



Increased Awareness and Change in Belief of Gender Roles

Grandmothers experienced positive changes in childrearing philosophy (e.g., eliminating physical disciplining) and gender roles (e.g., expanded educational and professional opportunities for their daughters and shifts in expectations for their sons)



Increased Social Support Among Both Generations (Adult and Child)

- Kin-like relationships among MUA members promoted community connections and social supports
- MUA members and children scored, on average, high on social support



Improved Self-Efficacy and Well-Being in Adult and Child

MUA members experienced an increase in self-efficacy; adult children recognized and echoed their mother's self-reported transformation

“When we first went, she wasn't as open, I guess, to speak what she was thinking, but as I grew up and, as she grew in the organization, I saw how she improved in her communication skills and she just got really more like brave.”

—CHILD OF
MUA MEMBER

“I will never forget MUA...I believe that the trainings based on educating women breaks cycles and we don't repeat things. At first it benefits us as women and also it benefits our family but also it benefits our entire community.”

—MUA MEMBER

CLIENT IMPACT STORY

“Anita” is a 20-year-old female who was born in the U.S. Her mother, a Mexican immigrant, is a long-time MUA member who was also interviewed for this study. Anita witnessed her father's violence and threats against her mother and also experience intimate partner violence in her teen years. During the time of the interview, she was pregnant with her first child and in a healthy relationship. In her own interview, Anita's mother made reference to 'green lights' and 'red lights' in relationships. This terminology comes from MUA's training curriculum on healthy relationships. Illustrating the multi-generational impact of MUA, Anita linked her learning from her mother and other MUA members at meetings and in the space of the MUA community to the direct civic engagement in campaigns and policy advocacy that are key aspects of MUA's leadership training model as well. “I know my rights as a woman. I'm not saying I know all of them, but I definitely know that MUA is a really good place to go; to just talk about your feelings if you're [in a difficult] situation. I have actually thought about it, like if I ever wanted to go to a place to get help, it would definitely be MUA.”



[www.plannedparenthood.org/
planned-parenthood-mar-monte](http://www.plannedparenthood.org/planned-parenthood-mar-monte)



MULTI-GENERATION APPROACH

COMPREHENSIVE CASE MANAGEMENT

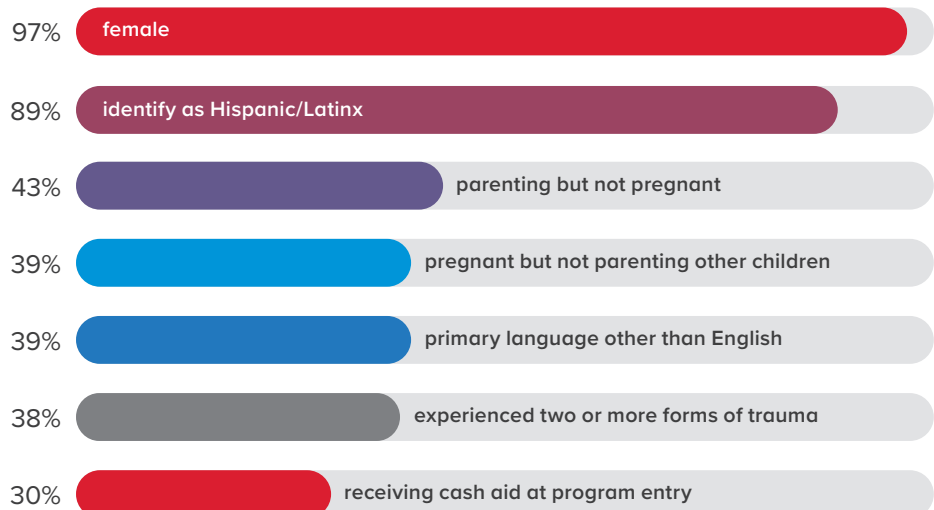
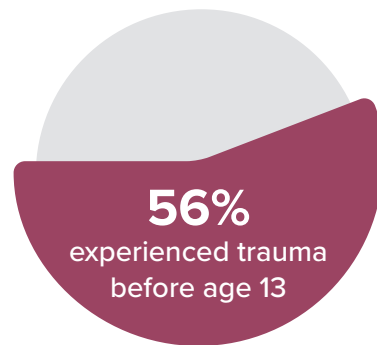
The Teen Parent Support Program is a two-generational approach that supports the role of the youth parent through comprehensive case management. By supporting the parent and building their resilience, the program aims to have a positive impact on the child's wellbeing.

Planned Parenthood Mar Monte Teen Parent Support Program

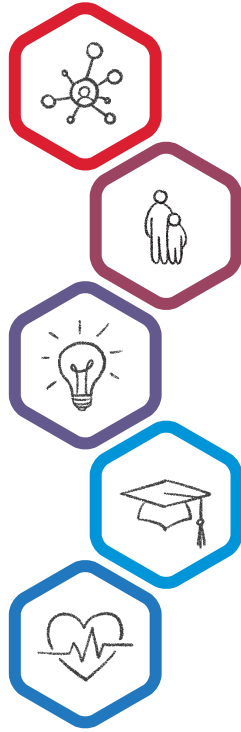
The Teen Parent Support Program (TPSP) is a one year+ comprehensive case management program for expectant and parenting youth up to age 21 years that uses a Positive Youth Development approach to address the challenges of teen pregnancy and parenting. Through goal-setting and by embracing youth as active partners, TPSP helps pregnant or parenting teens build resiliency and protective factors so that they can define a path to success for themselves and for their children.

PARTICIPANT DEMOGRAPHICS

The Teen Parent Support Program included data from 404 participants who participated in the program from 2009 to 2020. The average age of program participant at program entry was 17 years old and had participated for at least 6 months.



DOMESTIC VIOLENCE PREVENTION OUTCOMES



Increased Access to Needed Services

The number of services received by each program participant increased significantly

Increased Positive Parenting Practices and Parent-Child Relationships

Promoted positive changes to their infant feeding practices (i.e., increased the length of time participants breast fed)

Increased Domestic Violence Awareness

Enhanced participant's ability to identify healthy and unhealthy relationships

Increased Educational Attainment and Employment

Commitment to post-secondary education and employment increased

Improved Physical, Mental and Behavioral Health

- Decreased cases of prolonged depression and risk related to physical health
- Increased rates of child immunizations in the children of TPSP participants

RESEARCH STUDY

Parental Relationships

Planned Parenthood Mar Monte (PPMM) received a grant extension to explore other objectives, including the impact of TPSP on three generations (senior parents, younger parents, and their children)—particularly the relationships between senior parents and young parents, how those relationships might be internalized, and the resources that might bridge multigenerational preventions in breaking the cycle of violence.

For this, PPMM conducted a research study and collected qualitative data from 7 young parents who participated in both listening sessions. Participants were recruited from 21 local, Bay Area parent support programs. Part of the themes that emerged in the findings reinforced some of the evaluation outcomes as well as provided insight to challenges and barriers to accessing basic needs and resources.

CLIENT IMPACT STORY

One former listening session participant expressed gaining self-awareness and self-efficacy skills, which helped her become the person she is today because of her time in the Teen Parent Support Program. "I learned a lot about myself...the goal and skill that TPSP gave me—realizing that having therapy for yourself is really healthy. Grateful that the case manager, she brought it up and I didn't want to go through with it, but I'm glad that I did. Helped with my kids, with myself, with my partner."

The program has also impacted the participant's parenting style and her understanding of how she was parented. She shared a vulnerable, violent situation she faced when she was younger and how her mother did not validate her experience and negative emotions. "I have a sentiment towards her that I hate her because nothing was done. She parented me the way she could at her best. Now it's my turn to parent my daughter the way I think is the best, how I can raise her to be better than me."

RECOMMENDATIONS

- Expand and enhance the curriculum that the case managers use in the TPSP program to include earlier sessions around DV, clearer definitions and examples to share with clients about DV, and spending time discussing intergenerational cycles of violence
- Partner with more organizations and resources that provide therapy and resources to parents, elders, and older adults
- Include sessions for family or partners to get to know case managers and offer a space to discuss issues that may come up
- Continue to include youth as leaders and decision makers surrounding programs that are for them and about them
- Transform violent systems, such as CPS and carceral systems that have harmed and separated families. Find alternative paths and organizations that focus on restoration, healing, and keeping families together when DV occurs.



www.safeandsound.org



MULTI-GENERATION APPROACH

SERVICES, WRAPAROUND SUPPORT, PREVENTION EDUCATION

The ICFS program provides evidence-informed direct family support to bolster Protective Factors correlated to reduced risk of child maltreatment and family violence across multiple generations. Families must have at least one child under the age of 12 to qualify for services, and many families live in multi-generational households.

Safe & Sound’s Integrated Children & Family Services

Safe & Sound’s Integrated Children & Family Services (ICFS) aim to disrupt the cycle of intergenerational abuse. Staff assess families’ risk and protective factors, and adverse childhood experiences (ACEs) to identify strengths and areas requiring targeted support. Support is provided by a continuum of programs that include direct services for individuals, intensive wraparound support for families, prevention education for children and community members, and advocacy for strengthening the city’s safety net and preventing abuse.

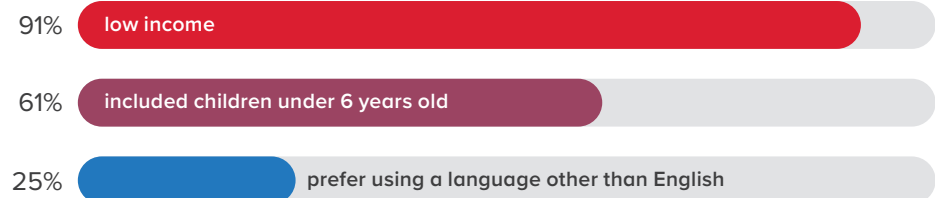
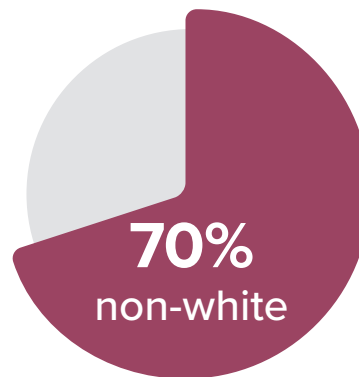
PARTICIPANT DEMOGRAPHICS

Safe & Sound served approximately 2000 parents, children, and caregivers in 590 families through their Child & Family Services programs each year. Of those families, Safe & Sound engaged an annual average of 215 individuals in wraparound intensive support, including 94 adults and 121 children, and were included in the evaluation.

During the three-year funding period, 37 ICFS families, representing 145 individuals, had service plans and active goals. The findings of the impact analysis include a primary dataset from 90 individuals in 23 families who had service plans, active goals, and Parents’ Assessment of Protective Factors (PAPF) data.

The ICFS program is intended to serve families living in the most vulnerable circumstances with demonstrated risk factors for abuse and neglect.

The majority of parents are single mothers



DOMESTIC VIOLENCE PREVENTION OUTCOMES



Increased Access to Concrete Support and Resources

- Families achieved 60 goals associated with this protective factor from 2021-2022
- Out of 17 families, 35% of families scored high, 59% scored moderate, and 6% scored low in the PAPP



Increased Social Connectiveness

Out of 17 families, 29% of families scored high, 47% scored moderate, and 24% scored low in the PAPP



Increased Child Social and Emotional Competencies

Out of 17 families, 71% of families scored high and 29% scored moderate in the PAPP



Preserved Adult/Parent Resiliency

- Most accessed services provided by ICFS program were TALK-line, Parent child education and Parent groups.
- Out of 17 families, 41% of families scored high, 53% scored moderate, and 6% scored low in the PAPP

“I am very happy because of Safe & Sound, which has helped me a lot financially and mentally. I have an excellent CCC who has been there when I needed it the most.”

—ICFS FAMILY MEMBER

“Safe & Sound helped me to become the better parent I am today. I've learned better communication skills, social networking, and how resilient I am.”

—ICFS FAMILY MEMBER

CLIENT IMPACT STORY

“Maricela” began accessing services at Safe & Sound when her son was diagnosed with an attention deficit disorder. Maricela is a survivor of domestic violence, which her son witnessed in the home, and in response, began to exhibit violent behaviors. A CCC connected Maricela with Safe & Sound’s ICFS program, to provide wraparound supports for her family. Maricela identified a number of goals including starting a new career and gaining financial security to better support a stable household for her son. She also hoped to retain individualized and therapeutic services for her son. With Safe & Sound’s support, Maricela has found ways to become more independent and advocate for herself and her children. Maricela’s son has been receiving therapy at Safe & Sound for the past two years, which has contributed to a significant reduction in his violent behavior. Maricela and her children have also enrolled and completed some of our Parent & Child Education classes and groups, including the Positive Parenting Program, and Playtime Together, to help increase her knowledge of parenting and child development. Maricela has also started taking ESL classes at City College to learn English, as she’s a monolingual Spanish speaker and is months away from becoming a certified nail technician. Since receiving services at Safe & Sound, Maricela has become more vocal is better able to advocate for her family’s needs and express her feelings and emotions in a healthy way.

LESSON LEARNED

- Care coordinators were crucial to goal progress as they advocated and kept families on track
- Strengthening evaluation tools to better reflect the unique characteristics of the ICFS program is needed; the current instruments for measuring progress do not consider the influence of external factors
- Majority of families focused their goals on “concrete support in times of need” and “parent resilience”



www.sbcssandiego.org/mi-escuelita



MULTI-GENERATION APPROACH

THERAPEUTIC PRESCHOOL INCLUDING WRAPAROUND SERVICES FOR FAMILIES

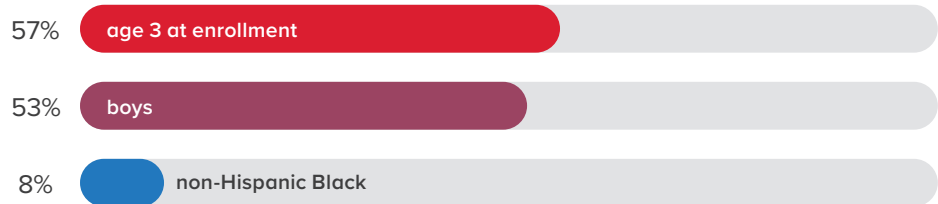
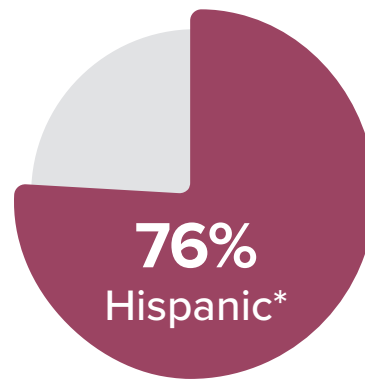
Mi Escuelita combines education and trauma-informed care to support intergenerational healing. The program is aligned with the multi-generation framework for domestic violence prevention in that while children are enrolled in the program, families receive services, including monthly parent engagement activities as well as other wraparound services.

SBCS Mi Escuelita

Mi Escuelita is an established, cost-free, therapeutic, full-day preschool program, founded in 2006, that has served over 700 children ages 3–5 in the South Bay region of San Diego County. Mi Escuelita is specifically tailored to the needs of young children with early trauma experiences resulting from domestic violence exposure as well as providing services to their parents. Using the Incredible Years curriculum, Mi Escuelita is dedicated to helping these children attain emotional, social, and developmental milestones so that they may enter kindergarten prepared to learn and excel throughout their elementary years, both academically and socio-emotionally.

PARTICIPANT DEMOGRAPHICS

During the three-year funding period, 108 children attended Mi Escuelita. The children attended an average of 120 days. When examining rate of attendance, most children attended between 25% and 75% of eligible days. Notably, the trauma histories of both Mi Escuelita students and their parents were substantial. Children had an average of 3.9 adverse childhood experiences, and parents report an average of 3.5 adverse childhood experiences.



**This is representative of regional race/ethnicity*

DOMESTIC VIOLENCE PREVENTION OUTCOMES



Reduced Exposure to Violence

- Increased knowledge and risk factors of domestic violence to students
- In both age groups, Pre-K to 5th and 6th to 12th, students learned to identify “red flags or warning signs”



Improved Parent-Child Relationship

- 72% of parents reported an improvement (and thus, a decrease) in conflicts
- 52% of parents reported an increase in closeness with their children.



Improved Child Educational Achievement and Kindergarten Readiness

93% of Mi Escuelita students scored “ready” for kindergarten at the end of Pre-K



Improved Child Psychosocial Functioning

By the 6 month follow up, the number of children with at risk scores in the psychosocial functioning assessment dropped by 12%

“Mi Escuelita makes me happy because they help me here.”

—CHILD/STUDENT

“So, they don't just support my son. They also support you as a parent and try to make sure that you are the best version of yourself that you can be in order to create that stability for your child.”

—PARENT

CLIENT IMPACT STORY

Danny is a 4-year-old male student at Mi Escuelita, who had previously struggled at several different preschools due to the challenging behaviors he displayed. At intake, Danny's mother shared that she and her husband had been separated and there was a temporary restraining order that restricted the fathers' contact with her. She reported multiple instances of DV and other “unsafe activities” throughout their marriage.

When Danny first started, his behavior included aggression (e.g., hitting and pushing kids, etc.), inability to follow routines and being easily distracted when asked to complete tasks. The teachers and therapist began working with Danny and encouraged him to practice mindfulness activities when upset or frustrated. Both parents individually participated in family therapy to strengthen their parent-child relationship and decrease Danny's challenging behaviors at their respective homes.

Since being at Mi Escuelita, Danny has made drastic progress with his goals such as reducing aggressive behaviors across all environments. Danny's mother shares that he is no longer aggressive towards her and is able to tell her when he is upset and needs to breathe or take a break. Danny is also able to express his emotions at school and ask for support when needed.

CONCLUSION

- The program successfully closed the gap for developmental delays academically, emotionally, and behaviorally between Mi Escuelita students and their peers who have not been exposed to DV
- Evidence generated by the lived experience voice of survivors and their children further validates the potential of the program and reinforces the findings
- The replication of Mi Escuelita program model should be considered for DV prevention in other communities



timeforchange.org



MULTI-GENERATION APPROACH

TRAUMA INFORMED SUPPORTIVE SERVICES WITH SAFE AND DECENT HOUSING

The Positive Family Futures Reunification program is an interventional approach where both parents and children receive services and/or supports, with a specific emphasis on multi-generational outcomes, early childhood education, and violence prevention.

Time for Change Foundation: Positive Family Futures Reunification Program

Time for Change Foundation (TFCF) is a women of color led program that assists homeless women and children in achieving self-sufficiency by providing housing and necessary supportive services. The Positive Family Futures Reunification (PFFR) program is a 2-generational model that aims to disrupt intergenerational cycles of violence and create thriving communities, by providing women with housing, services, and a safe place to reunite with their children.

PARTICIPANT DEMOGRAPHICS

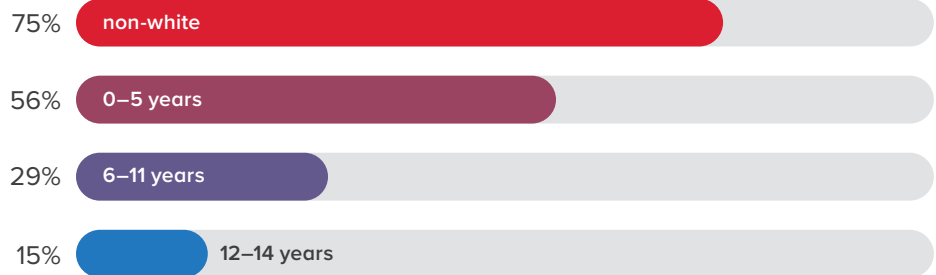
During the three-year funding period, the TFCF program served 102 women and 66 children.

Participants were identified and recruited based on their interest in TFCF's shelter program. Participants completed the intake forms, including the pre-screening questionnaire and enrollment form, and were enrolled in PFFR if they met the eligibility requirements. All program participants were included in the evaluation.

Parents/Caregivers



Youth



DOMESTIC VIOLENCE PREVENTION OUTCOMES

ADDITIONAL OUTCOMES

Improved Positive Parenting/Caregiving Knowledge, Skills and Practices

Parents attended 181 group sessions on Therapeutic Parenting Education in 2022

Strengthened Parental Attachment and Family Bonding

500 Case Management sessions were provided to women between 2020 and 2022

Improved Child Social Emotional Well-Being

100% of the children participants demonstrated improved social and educational developments and cohesion to mother and child bonding

Improved Child Educational Well-Being and Achievement

100% of the children participants demonstrated improved social and educational developments and cohesion to mother and child bonding based on qualitative data

Improved Adult Educational Well-Being and Achievement

Knowledge increased for majority who participated in the following: Women Wellness Education, Money Management, Employment Development, Life Skills

Increased Adult/Parent Self-Esteem and Resilience

Preliminary data from 3 participants who completed pre- and post-measures of self-sufficiency in 17 life-domains (housing, income, employment, life skills, etc.) showed a small increase

Reduce Adult/Parent's Substance Abuse

Women received over 500 Relapse Prevention sessions and 12 Step Education sessions between 2020 and 2022



Increased Housing Stability

100% of clients (parents and children) in all 3 years experienced stable housing while enrolled in the PFFR program

Reduced Exposure to Violence

A decrease in the exposure to DV risk factors and violence in the home was experienced by all of the women and children enrolled in the program

Increased Access to Resources and Social Services

100% of the clients, both women and children, received access to transportation services while enrolled in the PFFR program

Increased Parent-Child Reunification

19 children reunified with their mothers out of the foster care system

Increased Financial Empowerment and Economic Mobility

- 100% of the women experienced economic stability while enrolled in the PFFR program
- An Increase in financial literacy scores showing improved knowledge on budgeting, saving, credit investing and types of insurance

CLIENT IMPACT STORY

"I have been residing at Time for Change Foundation shelter for women since June 22, 2022, and being part of this program has changed my life! I attended groups every week which helped me gain numerous life skills that have been helping me with my everyday living. I have gained a positive attitude, I am more confident about myself, I am more caring, willing, and open-minded today. I have gained employment with a great company called Yaamava Resort and Casino. I am also studying to get my class B driver's license so that I can start driving for Durham School bus services. I recently transitioned into my own apartment and now my children have a place to call home where it is safe, and a clean environment. I have one year, one month, and eleven days sober today from active addiction. I have a sponsor which I am grateful for and attend AA meetings three times a week. My life is moving in a positive direction, and I thank God for all of my lessons and blessings, and I could not be happier and more thankful for this wonderful program that has caring and loving staff that believes in me and inspires me to keep moving forward in a positive direction. I just want to say that this program works if you work it and don't leave before the miracle happens. Thank you, Time for Change Foundation for saving my life and allowing me to be a part of something that is so great."

LESSONS LEARNED

- Incorporating trauma informed practices favorably impacted the program because it allowed for the implementation of targeted support and services relevant to the clients' needs
- Clients were found to be more receptive and engaging towards the program processes and services when surrounded by staff with lived experience



www.visionycompromiso.org



MULTI-GENERATION APPROACH

WORKSHOP

Visión y Compromiso developed the Family Caregivers Project (FCP) to provide FFN caregivers with training and support to ensure that Latino children 0-5 are on track for success. Through their implementation of an 8-hour module that promotes peer support among caregivers, VyC aims to increase knowledge and awareness of domestic violence for caregivers and parents, supports positive adult-child interactions, including activities to build children’s emotional intelligence, and provides tools and skills to identify children at risk.

Visión y Compromiso Breaking the Cycle Initiative

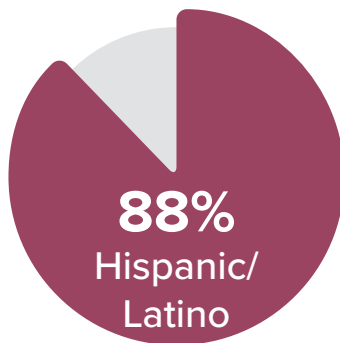
To ensure that Latino children have access to nurturing caregiving and quality early learning environments, Visión y Compromiso created the Family Caregivers Project to provide Family, Friend and Neighbor (FFN) caregivers (e.g., grandmothers, aunts, neighbors) with 48 hours of training about child development, positive discipline, nutrition, emotional intelligence, and more. Program components include support groups for caregivers and parent engagement workshops to improve communication between parents and caregivers. Support from Breaking the Cycle enabled Visión y Compromiso to add an 8-hour domestic violence module in the FFN Caregivers Training and create workshops about domestic violence for parents. Visión y Compromiso integrates the “promotor model” where trusted community leaders or “promotoras” share information about the program, recruit FFN Caregivers, and receive support to co-facilitate the trainings.

PARTICIPANT DEMOGRAPHICS

During the three-year funding period, the program was delivered to three cohorts with participants from 4 counties (Los Angeles, San Bernardino, Kern, and Santa Barbara), representing 51 FFN caregivers and 48 parents.

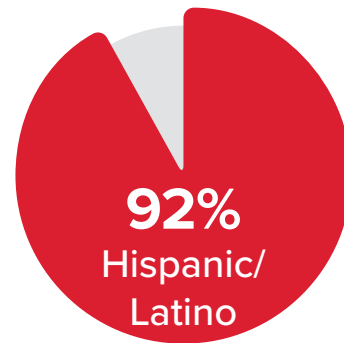
While the FCP program was originally developed to serve Spanish-speaking FFN caregivers of children 0–5, it now serves Spanish-speaking FFN caregivers of any child in their care and their parents.

51 Family, Friend, Neighbor Caregivers



average age: 47 years

48 Parents



average age: 48 years

“I think that it has affected her in that she can come looking for me...before, she tried not to tell me when something happened because she knew that I was going to get angry with her later on. So now she looks for me more and when something happens, she knows that I'm not automatically going to get angry. I'm going to listen to her first.”

—PARENT

DOMESTIC VIOLENCE PREVENTION OUTCOMES



Increased Domestic Violence Awareness

- Increased knowledge of local resources among FFN caregivers and parents
- Increased awareness of domestic violence among caregivers



Improved FFN Caregiver's Self-Confidence and Self-Efficacy

- 67% of caregivers showed improvement or no change in self-efficacy scores
- Increased caregiver's self-confidence on handling a child abuse disclosure



Increased Parent's Self-Efficacy and Emotional Intelligence

54% of parents increased their self-efficacy score



Improved FFN Caregiver's Communication and Peer Support

48% of caregivers reported an increase in peer support after the training

Improved Partnerships Between Parents and Caregivers

- Majority had conversations with the others about healthy relationships and domestic violence
- 100% of Caregivers and Parents felt that communication between them had improved.

CLIENT IMPACT STORY

Below a mother describes taking steps to leave an abusive relationship because of what she learned in the training program.

“By inviting us to this workshop I learned a lot, I was... I was suffering domestic violence in my home, with my children, and with myself from my partner, from my husband. When I started taking this training, I began to realize that in reality what I was experiencing was not normal, it was not, it was not, and my fear gradually disappeared. I was changing. And I knew that this is not good for the children because this violence would continue in other generations... I learned to be more patient with my children, I learned to work as a team with them, to go to, for example, we start to do the yard together... I want them to be kind children and parents in the future. And that no, that they do not think that what we lived through was good, because that is not good. Violence psychologically damages them a lot since they are little. And if you don't look for help like this. Then they grow up and drag these childhood problems. So, thank you very much, it is my comment that I have that it is my goal and purpose to continue helping whoever needs me...” —FFN Caregiver

LESSONS LEARNED

- Additional training for follow up data collection is needed
- VyC promotoras and staff have a greater opportunity to connect and build relationships with FFN caregivers
- Improve outcomes measurement and better assess program's efficacy by including children
- Opportunity to incorporate and measure emotional intelligence more effectively



www.weaveinc.org



MULTI-GENERATION APPROACH

CASE MANAGEMENT

Both adults and children can participate in the SCM program. This multi-generational approach helps parents recognize the impact of their own trauma and learn ways to build resilience for themselves and for their children, and to disrupt the intergenerational cycle of violence. While all survivors are encouraged to incorporate strengths, support, and goals for their personal empowerment plans, children are also encouraged to participate in case management themselves. Their participation is often dependent on their age, relationship with their parent, and level of engagement in other services.

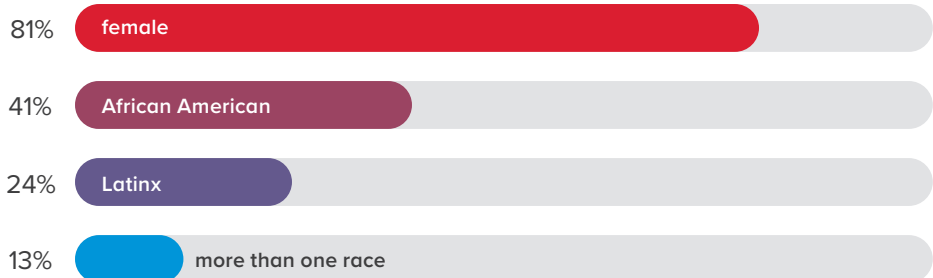
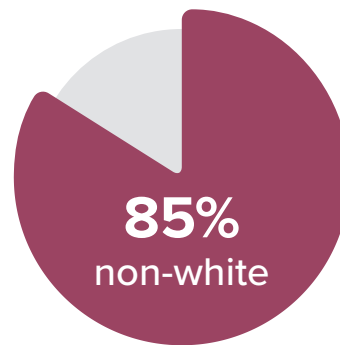
WEAVE

WEAVE (When Everyone Acts Violence Ends) provides a 24/7 support line, case management, emergency and transitional shelter, therapeutic individual and group counseling, as well as prevention education for the community of Sacramento County. By applying the evidence-based Strengths Case Management (SCM) model to families in residential housing facilities, Advocates help participants identify meaningful and important goals and mobilize their own unique strengths to achieve these goals through use of a Personal Empowerment Plan. The length of resident programs varies from up to 6 months to 2 years and the average number of SCM sessions is 3.4 per resident (range 1–14 sessions).

PARTICIPANT DEMOGRAPHICS

During the three-year funding period, WEAVE provided SCM to 143 residents from three facilities: 54 Emergency Shelter residents, 54 Mather residents, and 35 Transitional Housing residents. Of these, 120 were adults and 23 children.

Participation in WEAVE's SCM program is voluntary for residents as well as children six years of age or older. Between October 2020 and September 2022, 56% of adult residents and 15% of children participated in at least one SCM session, a total of 35% of all eligible residents.



“I've never seen anyone care for and as kind as [the] WEAVE group. I am forever at their feet. I am truly grateful to be in the care of WEAVE. Although very new to this program, I am already feeling great relief from fear and am once again hopeful about my future.”

—SCM RESIDENT

“Here at WEAVE, it is real case management, not a bait and switch and then in the end getting nothing. My case manager is my backbone, my moral support. She's the best of the best!”

—SCM RESIDENT

DOMESTIC VIOLENCE PREVENTION OUTCOMES



Reduced Exposure to Violence

- 72% of adults showed a decrease in trauma scores
- 83% of children showed a decrease in trauma scores



Increased Parent Resiliencies

- 57% of adults had an improved resiliency score
- SCM participants rated overall empowerment very high



Increased Child Resiliencies

60% of children showed an improved resiliency score



Increased Stable Housing

Over half of the residents (58%) participating in the SCM program exited the program with stable housing

CLIENT IMPACT STORY

The client, a mother with two children, sought counseling and residential services after leaving a highly abusive relationship. The client also described surviving intergenerational emotional and sexual abuse. Given the client's traumatic childhood and being a survivor of domestic violence, the client had consistent feelings of being unheard and invalidated.

The SCM and counseling sessions helped the client reclaim her power, identify trauma responses, learn coping strategies, and improve her overall mood and confidence. She was able to begin identifying, naming, and processing painful emotions stemming from childhood and domestic violence, recognizing that she was the first in her generation to break this cycle. By working with the client on strengths-based parenting techniques, she was also able to support and validate her children's experiences of the domestic abuse and remove them from an environment that sought to continue the same cycle the client experienced. The client is now in a new healthy partnership and has gained freedom, independence, and a sense of self-sufficiency.

LESSONS LEARNED

- Relationships are key to engaging residents and children in SCM
- For some, it is best to center case management around an activity or in a space that provides a better “mental place” to focus such as gardening, taking walks, or playing
- Be cautious when asking about strengths to avoid retraumatization
- Continue work to engage more children in SCM



www.youngwomenfree.org



MULTI-GENERATION APPROACH

PEER SUPPORT

With a focus on economic security and self-determination, YWFC offers practices that develop community and cultivate leadership by addressing young mothers' childhood trauma. The poverty and violence that is the result of intergenerational incarceration is addressed holistically and promotes multi-generation health outcomes by adopting an inter-generational lens.

Young Women's Freedom Center

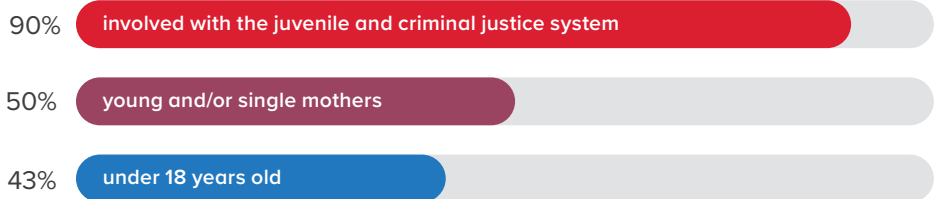
The Young Women's Freedom Center (YWFC) works to break cycles of incarceration, criminalization, exploitation, and violence that harm women and trans people of color across the gender spectrum. By offering safety, sister and siblinghood, economic opportunities, accessible education, healing and leadership development, the YWFC helps build well-being, self-determination, confidence, and self-worth. As a peer-led model, central to this approach is the belief that those most impacted by cycles of poverty, violence, exploitation, and incarceration are best positioned to identify and lead the change needed to support true and transformative justice.

PARTICIPANT DEMOGRAPHICS

YWCF collected demographic data on 96 participants from four counties (Santa Clara, San Francisco, Oakland, and Los Angeles) in the last two years. Majority of the race/ethnic identities of participants are split fairly evenly between Latina/x/e and Black youth. Majority of participants were 16-19 years old.

The findings below are based on interviews with 30 Center participants across three cohorts: Girls, women and transgender people who entered the Center 20-28 years ago, participants from 10-15 years ago, and people who are either currently in programs or have recently finished. YWCF also completed 7 interviews with Center policy interns and staff.

Almost all have also experienced some combination of: street survival through drug dealing or sex work; experiences with state punishment and criminalization such as incarceration or child removal; and, disconnection from school and other protective factors.



DOMESTIC VIOLENCE PREVENTION OUTCOMES

DETAILED ADMINISTRATIVE DATA AND SURVEY FINDINGS

Currently in School

There are 43 participants currently in school, representing 14 Continuation school; 9 community college; 3 four-year college; 5 High School; 1 middle school.

Currently Have a Job

28 participants say they already have a job and 43 say they do not.

Source of Monthly Income

Of 72 participants, 18 are paying for all of their expenses using one part-time or full-time job

Dangerous Source of Income

Of the 72 participants, 15 people have been hurt in the last three months because of the way they earn money.

Barriers to Employment

The top 5 combinations of barriers that participants experience include: reliable transportation, stable housing, lack of skills or experience, family or issues at home, and justice involvement.

Housing

Of 77 participants, 12 participants are renting a house or apartment under their own name, and 1 participant owns their house or apartment. All other respondents are experiencing some level of housing instability, including 57 participants living in houses owned or rented by someone else.

Barriers to Stable Housing

The top five reasons for housing instability: no rental history, no savings, no income, not welcome with family, and fights with family.



Promoted Current and Future Economic Sustainability

YWFC provided financial support and employment to its members with internship and job opportunities



Increased Domestic Violence Awareness

- Members reported acquiring self-determination, leadership, policy and advocacy opportunities that are “by us, for us.”
- Members reported acquiring a philosophical justification for teaching and collaborating with another on the road towards liberation



Increased Social Connectiveness

Members reported built a non-judgmental, sister/sibling relationship among each other

OUTCOMES FOR CHILDREN OF YWFC PARTICIPANTS

From interviews of the 3 cohorts of participants ranging in age from 18-45 years. Some were connected to the center 20-28 years; some 10-15 years ago and some currently in the program. As such their children ranged in age from infancy to mid-twenties. Overall, mother/parent participants note that their children’s lives include:

- An absence of street survival
- An absence of criminalization
- Feelings of safety replacing exposure to violence
- Connection to school and other supportive structures (older children)
- Social connections from the surrogate family of the Center

FUTURE DIRECTION

YWFC will be expanding to an umbrella organization called Reimagine Freedom. The Center will continue to do its work alongside a 501c(4) organization that will be entirely focused on legislative advocacy. Reimagine Freedom will also include a housing initiative called Beloved. This housing effort aims to create alternatives to secure residential placement within the justice system. These efforts are aimed at disrupting the violence experienced by girls, women, and transgender people.

Recommendations for Funders/Social Justice Leaders:

- Increase in housing and universal basic income resources to participants
- Investment in Self-determined Forms of Daycare to give parents the ability to decide what childcare looks like for them and their children
- The Center as a Violence Interruption Model: girls, women, and transgender people, should be recognized for interrupting the many forms of violence experienced by their leaders, staff, and members